



# **NAMI** *Louisville*

National Alliance on Mental Illness - Louisville, KY  
Louisville's Voice on Mental Illness

*Support Groups for those who  
care about someone with a  
brain disorder*

*Support Groups (Jefferson Co.)*

**Date:** 2nd Wednesday

**Place:** Sts. Mary & Elizabeth Hosp.  
1250 Bluegrass Ave.  
Kyle Pratt Community Room

**Time:** 7:00 p.m.

**Date:** 2nd Saturday

**Place:** First Lutheran Church  
417 East Broadway (Door C)

**Time:** 10:00 a.m.

**Date:** 3rd Thursday

**Place:** Christ Lutheran Church  
9212 Taylorsville Road

**Time:** 7:00 p.m.

**Date:** 4th Sunday

**Place:** Christ Lutheran Church  
9212 Taylorsville Road

**Time:** 2:30 p.m.

*Support Group for Parents of  
Children and Adolescents*

**Date:** 3rd Thursday

**Place:** Our Lady of Peace

**NO MEETING THIS MONTH**

*Support Group (Oldham County)*

**Date:** 2nd Tuesday

**Place:** LaGrange Community Ctr.  
307 W. Jefferson

**Time:** 6:30 p.m.

An evening of art, music & advocacy:  
Monday, October 6

Bridgehaven/Wellspring/NAMI Louisville  
Art Show and Sale

Actors Theatre, 316 W. Main Street

Victor Jory Lobby, 5-7 p.m.

and

“Two Voices, Two Perspectives: Mental Illness,  
Treatment, and Recovery”

featuring

Jefferson County Circuit Court Judge,  
The Honorable Susan Schultz Gibson

and

Professor James T. R. Jones,  
Brandeis School of Law

Victory Jory Theatre, 7:30-8:30 p.m.,

Limited seating—reservations suggested. Call 245-5287.

Elyn Saks Presentation

Brandeis School of Law, University of Louisville  
partnering with NAMI Louisville

present

Professor Elyn Saks,  
Gould School of Law at the University of Southern California  
and author of “*The Center Cannot Hold:  
My Journey Through Madness*”

October 26, U of L Strickler Hall, 7:30 p.m.

Limited seating —reservations suggested. Call 245-5287

The NAMI Louisville *Board of Directors* meets the *first Monday* of the month (no meeting in October) at Seven Counties Services, 3717 Taylorsville Road, 7:00 p.m. This meeting is open to all NAMI Louisville members.



1 in 5

For information about NAMI call 502-245-5287

email: [namilouisville@netzero.net](mailto:namilouisville@netzero.net) or

[mail@namilouisville.org](mailto:mail@namilouisville.org)

website: [www.namilouisville.org](http://www.namilouisville.org)

October, 2008 Volume 9 Issue 10

Greetings, Friends,

Our Walk on September 13 was our tenth annual one, and people have been asking whether it was a success. It was! Sandwiched between the downpours of Friday and the hurricane winds of Sunday we had wonderful weather on Saturday morning, setting off a joyful scene at the Harbor Lawn. We had more people than ever before attending the Walk, more walkers than ever and more sponsors than ever. The food was good, the music was good, the speeches were there. This was indeed a wonderful opportunity for NAMI Louisville and its supporters to speak out for increased funding for mental health treatment, and we did. I thank all who helped – our friends, our sponsors, our volunteers and **not last, our musicians.**

But we have not finished speaking out for increased funding for mental health treatment, not this year and not ever. We have two more public events this month; see page one for details. Do join us on our next opportunity at Actors Theatre on October 6. There you will be able to view and buy art work presented by Consumers. Art therapy works for all of us and particularly so for those who are afflicted by severe mental illness. Buying their works confirms them in their recovery and encourages them to continue improving their health. Bring dollars! Following the Art Show, at approximately 7:30 p.m. you can hear Professor Jones and Judge Gibson tell how treatment works and how lack of it brings tragedy.

Then on October 26, Professor Elyn Saks will be here. She will speak at the Strickler Auditorium on the campus of the University of Louisville about her struggles with schizophrenia. Her story is an inspiring one and her prize-winning book is one to read.

Mark your calendars for Sunday afternoon, December 14 for our Annual General Meeting, at which we will have elections for next year's Board of Directors. Oh, yes, that Annual General Meeting will also be the scene of our Annual party. Do join us then for food, fun and gifts.

Best wishes to you all. I look forward to seeing you at each of our happenings this fall.

Sincerely,

Bob McFadden

*Thank you to our NAMIWalks sponsors!*

- Passport Healthplan
- Seven Counties Services
- Norton Healthcare
- Jewish Hospital & St. Mary's HealthCare-
- Our Lady of Peace Center
- University of Louisville Dept. of Psychiatry/
- UofL Psychiatric Group/Bingham Clinic
- United Graphics
- Bristol Myers-Squibb
- Greater Louisville Medical Society
- Philips Medical
- Stites & Harbison PLLC
- Stock Yards Bank & Trust
- Janssen
- 20/20 Eyecare
- F. D. Pierce Company
- Lilly
- John Conti Gourmet Coffee
- Ten Broeck Hospitals
- UPS
- Krispy Kreme Doughnuts
- Medline Industries
- Bill and Katie Pasko

*Thank you to all those who participated in the 2008 NAMIWalks for the Mind of America!*

Donations are still arriving daily. In November we will have an After-Walk Event where walk teams and captains will be recognized. Details later.

NAMIWALKS Louisville  
Saturday, September 13, 2008  
Waterfront Park, Harbor Lawn



**Second Annual University of Louisville  
Depression Center Conference**

**Effective Treatment of Mood Disorders:  
Progress & Opportunities**

October 16, 5:15-8 p.m.  
Clifton Center, 2117 Payne St.  
Open to the public.

Persons who suffer from mood disorders and related conditions, family members, mental health advocates, psychiatrists, psychologists, social workers, nurses, and other mental health clinicians.

**Seven Counties Services**

**Annual TalentFest**

featuring John Gage as emcee  
October 4, 7-10 p.m.  
Clifton Center, 2117 Payne St.  
Free admission

**VA Medical Center Presentation**

Decorated veteran and author, Eddie Beesley and his wife Connie will share their story of recovery. His book, "Lucky Enough" describes this true story of a boy who joined the Marines and was injured in Vietnam. His story recounts the hope, faith, gratitude and humor that have defined him throughout his life. October 6, 9 a.m. at the VA Center, 800 Zorn Avenue, in D010 (near the West Entrance). Open to the public.

**In Memoriam**

The Members of NAMI Louisville extend their sincere sympathy to the family of Vice-President George Hersch on the death of his sister Barbara Ann Hersch, who passed away on September 14, 2008 in Royersford, PA. Memorials in Barbara's honor may be made to: NAMI Louisville, 10510 LaGrange Road, Louisville., KY 40223

**Janssen and NAMI Louisville present:**

**"Choices in Recovery: An education initiative for the mental health community"**

The purpose of this educational program is to help participants understand schizophrenia, its symptoms and treatment.

The program is appropriate for people with schizophrenia, their family members caregivers and friends. Healthcare professionals and mental health advocates are also encouraged to attend.

WHAT: Dinner and an audiovisual presentation followed by questions and answers.

WHEN: October 28, 2008 from 6-8 p.m.

WHERE: The Metro United Way Building, 334 E. Broadway, 2<sup>nd</sup> Floor Community Room, Louisville.

WHO: Dr. Swaminathan, a Kentucky psychiatric pharmacist will present the program.

**Reservations are necessary. 245-5287**

**NAMI Louisville is a non-profit organization, open to anyone who subscribes to our mission.**

Individual/Family Membership Dues \$ 35.00 1-year or \$140 5-years

Professional Membership \$100.00 1-year or \$400 5-years

Business/Corporation Memberships Available

New member \_\_\_\_\_ Renewal \_\_\_\_\_

Contributions are welcome \$ \_\_\_\_\_

Total Amount Enclosed \$ \_\_\_\_\_

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Telephone #'s \_\_\_\_\_

E-mail address \_\_\_\_\_

Interested in volunteering \_\_\_\_\_

**Please mail your check to:**

 **NAMI Louisville**  
10510 LaGrange Road, Building 103  
Louisville, KY 40223-1228

**Membership includes the NAMI Kentucky and NAMI National Publications/Newsletters, mailed quarterly.**

 **1 in 5 NAMI Louisville**

Louisville's Voice on Mental Illness  
10510 LaGrange Road, Bldg. 103  
Louisville, KY 40223-1228

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**Mental Illness Awareness Week  
October 5-11**

**NAMI CONNECTION** Recovery Support Groups are led by individuals who are in recovery themselves. NAMI Kentucky trains consumers of mental health services to facilitate these support groups. For information call the NAMI Kentucky office—502-245-5284.

**First Street Support Group**

**Date:** Mondays

**Place:** Seven Counties Services  
758 S. First Street

**Time:** 12:00—1:00 p.m.

**St. Matthews Support Group**

**Date:** Tuesdays

**Place:** Beargrass Christian Church  
4100 Shelbyville Rd, Rm 201

**Time:** 1:00—2:00 p.m.

**Depression-Bipolar Support Alliance (DBSA)**

**Date:** Tuesdays

**Place:** St. Paul's United Methodist Church, 2000 Douglass Blvd. Room 110, (corner of Douglas & Bardstown Road)

**Time:** 7:30-8:30 pm (coffee afterwards)

**For more information contact  
Mike 635-6142 or Carl 479-9941  
<http://dbsalouisville.org>**

**UPCOMING EVENTS**

**October 4—Seven Counties Services, TalentFest, Clifton Center, 7-10 p.m.**

**October 6—Bridgehaven/Wellspring/NAMI Louisville Art Show (5-7 p.m.) and Program: Two Voices, Two Perspectives: Mental Illness, Treatment, and Recovery” 7:15-8:30 p.m.**

**October 16—UofL Depression Ctr Conference, Clifton Center, 5-8 p.m.**

**October 26—Brandeis/NAMI Elyn Saks Program, University of Louisville, Strickler Hall, 7:30 p.m.**

**Social Club**

Halloween Party October 21, 2-4 p.m., Bridgehaven, 950 S. 1st St. Costume optional!

**Bipolar and Depression Support Group**

Meets every other Sunday from 6-7 pm at the Urban Government Office building, 810 Barret Avenue. For information call **Joanne at 897-9717.**

**NAMI Louisville  
Board of Directors—2008  
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